

TODAY'S WOMAN IS HURTING.

The trauma of broken relationships, the overwhelm of work/life balance, the hopelessness of a life that's definitely NOT going as planned. But what if all this chaos signals the creation of something new?



MICHELLE
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WHAT IF FALLING APART IS FALLING INTO PLACE?

Author. Speaker. Advocate.

Michelle is a **trauma-informed author, speaker, podcaster, certified biblical counselor and spiritual director** specializing in relationship dynamics involving divorce, domestic violence, abuse, addiction, or abandonment (whether in a woman's own family or family of origin). Michelle also is a single mother of three and President/CEO of PlusONE Parents, a ministry devoted to single parents.

Michelle's reaches women in over 75 countries through **The Christian Single Mom's Podcast**. Her published works include **Safe Haven: A Devotional for the Abused & Abandoned** and **Made for More: Life Beyond the Wreckage of Hurt, Loss & Heartbreak**.

Michelle has been featured by Moody Radio, Focus on the Family, Christian Parenting, the Abide Prayer App, The Happy Home Podcast with Arlene Pellicane, Java with Juli with Dr. Juli Slattery, & more.

SPEAKING TOPICS

ALL THE (UN)SINGLE LADIES
What No One Taught Us About Red Flags, Boundaries, & People Who are Hard to Love

(UNDER)WHELMED
Why Trying to Balance it All is Ruining Your Life

WAIT FOR IT
How God is Working In the Thing You're Waiting On

NOT YOUR MAMA'S PLAYBOOK
Parenting When the Picket Fence Gets Kicked In

Let's Connect.

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